



HEALTHY LIFESTYLE PREMIUM DISCOUNTS



Important Information

Eligible Participants: all employees covered under the Pima County medical plan

Reporting Period for Discount #1: Annual Enrollment *each year*

Reporting Period for Discount #2: March 1 - February 28 *each year*

Distribution Period: July 1 - June 30 *each year*

[Healthy Lifestyle Premium Discount webpage](#)

Checklist

	Discount #1 - Be Tobacco Free	Discount #2 - Earn At Least 50 Healthy Lifestyle Activity Points		
	<input type="checkbox"/>	<input type="checkbox"/>		
Discount Details	Tobacco use includes cigars, cigarettes, chewing tobacco, pipe tobacco, electronic cigarettes or any other commercial tobacco product. Must be tobacco free for at least the past three months from the date you certify.	Earn at least 50 Healthy Lifestyle Activity Points by participating in your choice of various Employee Wellness programs, events and activities; health assessment; preventive exams/screenings or other eligible programs. Point values vary. For every 50 points you earn during the reporting period, you will be eligible for a \$5 discount per pay period (max discount = \$15 per pay period) distributed the next fiscal year, July – June. Note: Qualifying programs are subject to change.		
How to Submit	The certification is self-reported during spring Annual Enrollment each year in the Employee Self-Service (ESS) portal (ADP). Reasonable Alternative: Aetna Healthy Lifestyle Coaching Tobacco Free Program or provide proof of working with a primary care provider to quit tobacco products. Contact wellness@pima.gov for more information.	<p><i>Programs, Events and Activities:</i> Once you complete the program requirements, submit all necessary documentation by the program deadline. Sign in with your EIN and name at any onsite event or activity.</p> <p><i>Health Assessment:</i> Pima County will receive a monthly eligibility file from Aetna which will include a list of employees who completed the online health assessment. <i>Cap of 50 points. Not required.</i></p> <p><i>Preventive Exams/Screenings:</i> Pima County will receive monthly eligibility files from Aetna, Davis Vision and Ameritas which will include a list of employees who completed some of the eligible preventive exam. Some preventive exams/screenings may require you to submit a Preventive Exam Affidavit. <i>Cap of 50 points for Preventive Exams/Screenings category. Not required.</i></p>		
Discount Amount	\$20 per pay period	Level 1: 50 points \$5 per pay period	Level 2: 100 points \$10 per pay period	Level 3: 150 points \$15 per pay period

