



Thad Terry Aquatic Center: Pool Schedule

September 2019 – November 2019

Non-Member Price: Under 17: \$1 18+: \$3 Water Fitness Class: \$3

Competition Pool

Lap Swim						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a-1:00p	5:30a-1:00p	5:30a-1:00p	5:30a-1:00p	5:30a-1:00p	7:00a-5:00p	1:00p-5:00p
5:30p-8:00p	5:30p-8:00p	5:30p-8:00p	5:30p-8:00p	5:30p-8:00p		

Open Swim						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00a-1:00p	10:00a-1:00p	10:00a-1:00p	10:00a-1:00p	11:00a-1:00p	9:00a-5:00p	1:00p-5:00p
5:30p-8:00p	5:30p-8:00p	5:30p-8:00p	5:30p-8:00p	5:30p-8:00p		

Water Fitness					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Deep / Shallow Water 8:00a-9:00a	Aqua Boot Camp 5:30a-6:30p	Shallow Water 9:00a-10:00a	Aqua Boot Camp 5:30a-6:30p	Aqua Tabata 9:00a-10:00a	Aqua Boot Camp 8:00a-9:00a
	Aqua Zumba 9:00a-10:00a		Aqua Zumba 9:00a-10:00a	Deep Water 10:00a-11:00a	

Swim Lessons					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Safety Around Water Lessons 9:00a-1:00p		Safety Around Water Lessons 9:00a-1:00p			Group Lessons 9:00a-12:30p

Lap Swim Etiquette

- If there are 2 swimmers in a lane, they may elect to split the lane in half. However, the entrance of a 3rd person changes the lane to a "circle swimming" format. **Lanes may be reduced during programming.**

Rules for Minors

- Children under the age of 8 must be accompanied by an adult. Before 1pm, children 12 years and younger maybe subject to a Swim Test. Please see YMCA of Southern Arizona Swim Test Policy.

See reversed side for Pool Rules and Additional Pool Information.

Northwest YMCA Pima County Community Center, 7770 N. Shannon Rd Tucson, AZ 85741 | 520-229-9001 | tucsonymca.org/Northwest or Pima.gov/Pools



Additional Pool Information

- Pool is closed to public Monday – Friday 1:00p-5:30p
- Mountain View Swim Team uses the pool Monday – Friday 3:30p-5:30p
- Open/Lap Swim might be delayed to 6pm due to Swim Meets on the following days: 9/19, 10/3, 10/10, and 10/24
- Recreation Pool will be closed till May 23, 2020
- October 14-18 - Limited space during open swim for Fall Break Camp
- During Aquatics Trainings pool space will be limited.
- November 27 - Pool will be closing at 1pm
- November 28 - Pool will be closed for Thanksgiving

SAFE POOLS HAVE RULES!

Thad Terry Aquatic Center Pool Rules

- Obey the lifeguards' instructions
- Conduct in pool area must not jeopardize the safety of self or others
- Do not run, push, wrestle, dunk, or ride on the shoulders of other patrons
- Children eight (8) and under must be accompanied by a responsible person as determined by the pool manager
- NO flotation devices except US Coast Guard approved life vests. Persons in flotation devices are considered non-swimmers and must remain in shallow water and be accompanied by responsible person within arm's reach
- This facility does not allow long (extended) breath holding
- Participants are required to shower before entering the pool
- Abusive or foul language will not be tolerated
- Patrons should wear regulation bathing suits while in the pool
- No open cuts, sores, or bandages in the pool
- No gum, smoking, or tobacco of any kind is allowed on or in the pool
- Food and drinks in designated areas only
- No glass or other foreign objects (rocks, etc.) are allowed on the deck or in the pool
- Goggles, snorkels, masks, fins, and flotation devices are allowed in the pool with approval of the pool manager
- No animals are allowed in the pool area
- Patrons are to stay off Lifeguard chairs, out of guard office, and away from emergency equipment
- During lap swim, two swimmers split a lane. Three or more swimmers circle swim.
- Dive in deep end only (7ft+)