

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <i>Closed</i>	3 <i>Business Meeting 10:00 a.m. Team C</i>	4	5	6	7
8	9 <i>Walk Feliz Paseos Park 10:00 a.m.</i>	10 <i>Meet-up Casino 11:00 a.m.</i>	11	12 <i>Trip Tucson Art Museum 10:00 a.m.</i>	13	14
15	16 <i>Closed</i>	17	18	19 <i>Bunco 11:30 a.m.</i>	20	21
22	23	24	25 <i>Movie 2:30 p.m.</i>	26 <i>Trip Old Tucson Youth Day 9:00 a.m.</i>	27	28
29	30	31 <i>Bingo 11:30 a.m.</i>				

Schedule of Events

January 3 Business Meeting: Sign up for activities at 10:00 a.m. Meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Coffee, cake and ice cream served. Doors open at 9:30 a.m.

January 9 Walk: 10:00 a.m. **\$2.00** Nature Walk at Feliz Paseos Park with NRPR Naturalist. Wear study shoes, bring a hat and water. Walking stick and binoculars are optional. Lunch at Bianchi's Italian Restaurant.

January 10 Meet-up: 11:00 a.m. **Free** Casino Del Sol.

January 12 Trip: 10:00 a.m. **\$12.00** Tucson Desert Art Museum. LOYO at Pocos and Mom's.

January 19 Bunco: 11:30 a.m. **\$6.00** Lunch of baked potato bar and salad. Ice-tea, fun and companionship provided.

January 25 Movie: 2:30-4:30 p.m. *Florence Foster Jenkins* starring Meryl Streep and Hugh Grant.

January 26 Trip: 9:00 a.m. Old Tucson Youth Day. Volunteer serving lunch to school children. Wear a hat, sunscreen and most of all comfortable shoes as you will be on your feet most of the day.

January 31 Bingo: 11:30 a.m. **\$3.00** Snack of chili, rolls and desert.



A.C.E.S. INFO CORNER

Other Activities at the Center

Embroiders' Guild of America: Meets 1st Thursday of every month from 10:00 a.m.–2:30 p.m. Beading Group meets 2nd Thursday of the month in the senior lounge from 9:30 a.m.–1:30 p.m. Please contact Linda Kanora at 398-7268 for more information.

Senior Games & Cards: Every Monday, Wednesday and Friday from 12:30–3:30 p.m. in the senior lounge. Call 887-9786 for more information.

Free Computer Lab and Computer Classes: Call 888-0918 for more information.

Senior Nutrition Program: Offers nutritious meals for older adults. Registration is required. For information please contact Sue Denter at 887-9786.

Ta'i Chi for Arthritis and Fall Prevention and Seated Ta'i Chi are among the classes offered at the center. Please pick up a Special Interest Classes booklet at the front desk or visit www.pima.gov/nrpr for more information.

Enhance Fitness: This is a class that works on cardio, balance, and strength for older adults and takes place every Monday, Wednesday and Friday from 1:30–2:30 p.m. See the front desk for more information.

There are a whole variety of things that take place each month. Feel free to look at all the flyers placed around the front desk for information on upcoming events. If you are interested in starting a new activity, please see Dianna, Rosanda or Joanna



ACES Winterhaven Trip 2016

Happy January Birthdays!



If you have any information about an illness or death of an A.C.E.S. member or family member PLEASE CALL:
Janice Bottorff at 888-7293



A FURTHER LOOK AHEAD



A list of up coming events...

February 2017

Monday, February 6th, Meet-up at Casino:

11:00 a.m. Please bring a picture I.D. and meet the ACES group at the Player Club in Casino Del Sol.

Tuesday, February 7th, Business Meeting:

Sign-up for activities at 10:00 a.m. Meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Coffee, cake and ice cream are served. Doors open at 9:30 a.m.

Thursday, February 9th, Trip: 9:00 a.m. **\$2.00** Tubac Arts Festival. LOYO at the Festival Food Court.

Monday, February 13th, Meet-Up Walk: 10:30 a.m. Reid Park, 2 miles mostly paved. Bring a picnic lunch and enjoy meeting at DQ after walk.

Tuesday, February 14th, Valentine's Day Luncheon: 11:30 a.m. **\$12.00** Lasagna, salad and dessert

Thursday, February 16th, Movie: 2:00–4:00 p.m. TBD.

Tuesday, February 21st, Bunco: 11:30 a.m. **\$6.00** National Pizza Parties, all you can eat pizza for lunch.

Thursday, February 23rd, Trip: 10:00 a.m. **\$10.00** Titan Missile Museum. Tour the underground missile silo, a vestige of the Cold War. LOYO at Desert Diamond Casino. Please note there are 55 steps down to and back up from the underground missile site. The tour is one-hour long.

Tuesday, February 28th, Bingo: 11:30 a.m. **\$3.00** Snack of cheese, bread and fruit.

March 2017

Tuesday, March 7th Business Meeting: Sign-up for activities at 10:00 a.m. Meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Coffee, cake and ice cream are served. Doors open at 9:30 a.m.

Thursday, March 9th, Trip: TBD

Monday, March 13th, Walk Meet-Up: TBD

Wednesday, March 15th, Trip: 10:30 a.m. **\$25.00** White Stallion Ranch. Wagon ride to cookout of burgers with veggie burger option. Enjoy a short and entertaining history of the ranch.

Thursday, March 16th, Luncheon: 11:30 a.m. **\$12.00** Traditional St. Patrick's Day fare of corn beef, cabbage and potatoes. The saguaro Sunset Trio will perform.

Monday, March 20th, Meet-Up at Casino: 11:00 a.m. Please bring picture I.D. and meet the ACES group at the Players Club at Casino Del Sol.

Tuesday, March 21st, Bunco: 11:30 a.m. **\$1.00** Bring your own lunch. Try your skill with dice at this fast and fun game. Ice tea provided.

Thursday, March 23rd, Movie: 2:00 p.m. TBD

Tuesday, March 28th, Bingo: 11:30 a.m. **\$3.00** Snack of pinwheel wraps. Ice tea provided.

**** Dates, Times, Prices and Menu are subject to change ****



**A Club for Every Senior
Ellie Towne Flowing Wells
Community Center
1660 W. Ruthrauff Rd.
Tucson, AZ 85705
520-887-9786**

The A.C.E.S. newsletter is available online at:

www.pima.gov/nrpr

Click on the Community Centers link,
then Ellie Towne Flowing Wells
Community Center.

The newsletter is under the
ACES Senior Club Tab.

OFFICERS

President: Mary Ann Giampoletti

Vice President: Barbara Parks

Treasurer: Jeannine Nunez

Secretary: Carol Gonzales

Historian: Carl Kerr

Ex-Ofi: Sarah Williams

**A.C.E.S. Liaison Pima County
Recreational Specialist Senior
Joanna
887-9786**

**Gray Line Overnight
Coach Tours**



**2017 Gray Line Overnight Coach Tours
\$100 Deposit**

April 10th-14th, Monument Valley and
Canyon De Chelly.

July 9th-12th, Hon-Dah Resort and Casino.

October 4th-12th, Austin, San Antonio and
Octoberfest in Texas Hill Country.

For more information call: Pat Overton at 887-2037

A little more information about A.C.E.S.

1. To become a member of ACES you must attend 3 business meetings, (these do not have to be consecutive). Sign the GUEST REGISTER each time. At the next meeting (#4) you will be given an application for membership. Fill this out and turn it in; at the following meeting you will receive your membership card.
2. **You do not have to be a member to sign up and attend activities.** You do, however, need to sign up in advance for all activities you wish to attend and pay the accompanying fee.
3. Sign ups are not open until the month the activity takes place (unless otherwise specified) starting at 10:00 a.m. on business meeting day.
4. **You may only sign up for yourself and one other person.**

Important Notes

It is ACES policy, when attending an activity, to use small bills, have correct change and pay for each activity separately. If paying by check, please pay with a separate check for each activity. When we attempt to make change from different funds there is a possibility for error. We thank you for your understanding in this matter. If this ends up being difficult on the day of the meeting you may come to the office any time during the month to sign up for activities or to pick up a newsletter. There is a risk of some activities being full.

Please refrain from wearing fragrance or strong scents to meetings or events.



Walk at Naranja Park